Criteria for assessment – Tallaght Rehabilitation Project

This criteria is devised as a guide for staff of TRP and referrals to the therapeutic day programme, as to establish suitability for potential clients/participants who wish to enter into the therapeutic rehabilitation process, provided here at TRP. This criteria may change from time to time according to participant and organisational needs.

The following criteria guidelines will be used in deciding if a person is eligible for assessment for the therapeutic day programme:

Criteria:

- Willingness, understanding and a commitment to engage in rehabilitation and a therapeutic process.
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- Catchment area will be Dublin 24 and Surrounding Areas
- Some group/rehab experience desired, but not essential.
- TRP accepts self referral in conjunction with local GPs or relevant agencies.
- Any potential clients who are under the supervision of a medical professional, will require a letter stating any prescribed medication the client may be receiving, including methadone and also any other relevant information that may be deemed prevalent to potential clients/participants entering the rehabilitation day programme, i.e.: psychological abilities or physical issues that may impact on a participants progress through the programme.
- The current limit of medication to engage in TRP day programme is as follows:
  - Methadone - 25ml
- Stability on these medications is paramount. At least 3 months stability is required. Take aways and verification from GP/Clinics regarding stability of potential clients will be sourced during assessment phase.
- Person may be drug free when referred to the TRP services.
- Person will not be consuming alcohol, or any non prescribed medication while engaged in the rehabilitation and therapeutic process at TRP.
- Family involvement will be encouraged.

Revised criteria by: **Pat Daly**
Manager TRP

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