

# Annual Report 2019



## Tallaght Rehabilitation Project Clg

*Providing drug and alcohol rehabilitation  
within the local community*

Kiltalown House

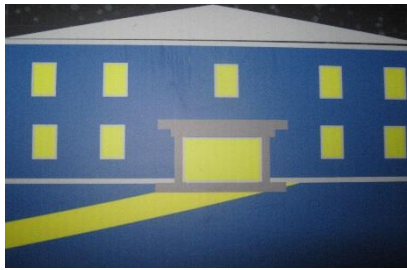
Jobstown

Dublin 24



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### **Tallaght Rehabilitation Project Clg Mission Statement:**

*We believe in the advantage of rehabilitation within the community, as addiction does not happen in isolation. TRP provides a supportive and nurturing environment where participants are encouraged to work in a therapeutic process on their previous drug/alcohol use. TRP promotes a healthy lifestyle in a structured and safe way, through education and training. From this, participants are encouraged to make an informed choice to ultimately become and remain drug/alcohol free.*

### **Values:**

*Tallaght Rehabilitation Project values and respects the rights and confidentiality of all our participants to engage in a recovery process that is, honest, dignified, supportive, compassionate and positive and also strives to meet the needs of our clients through evaluation and development.*

### **Commitment and vision:**

*The TRP Organisation is committed to providing quality services for people who are in recovery from drug and alcohol addiction. Our Organisation and programmes strive to provide quality based services that are evidenced based and promote good governance in order to be a leader in community based therapeutic rehabilitation.*

*TRP is a Company limited by guarantee, CHY Number .13829.*

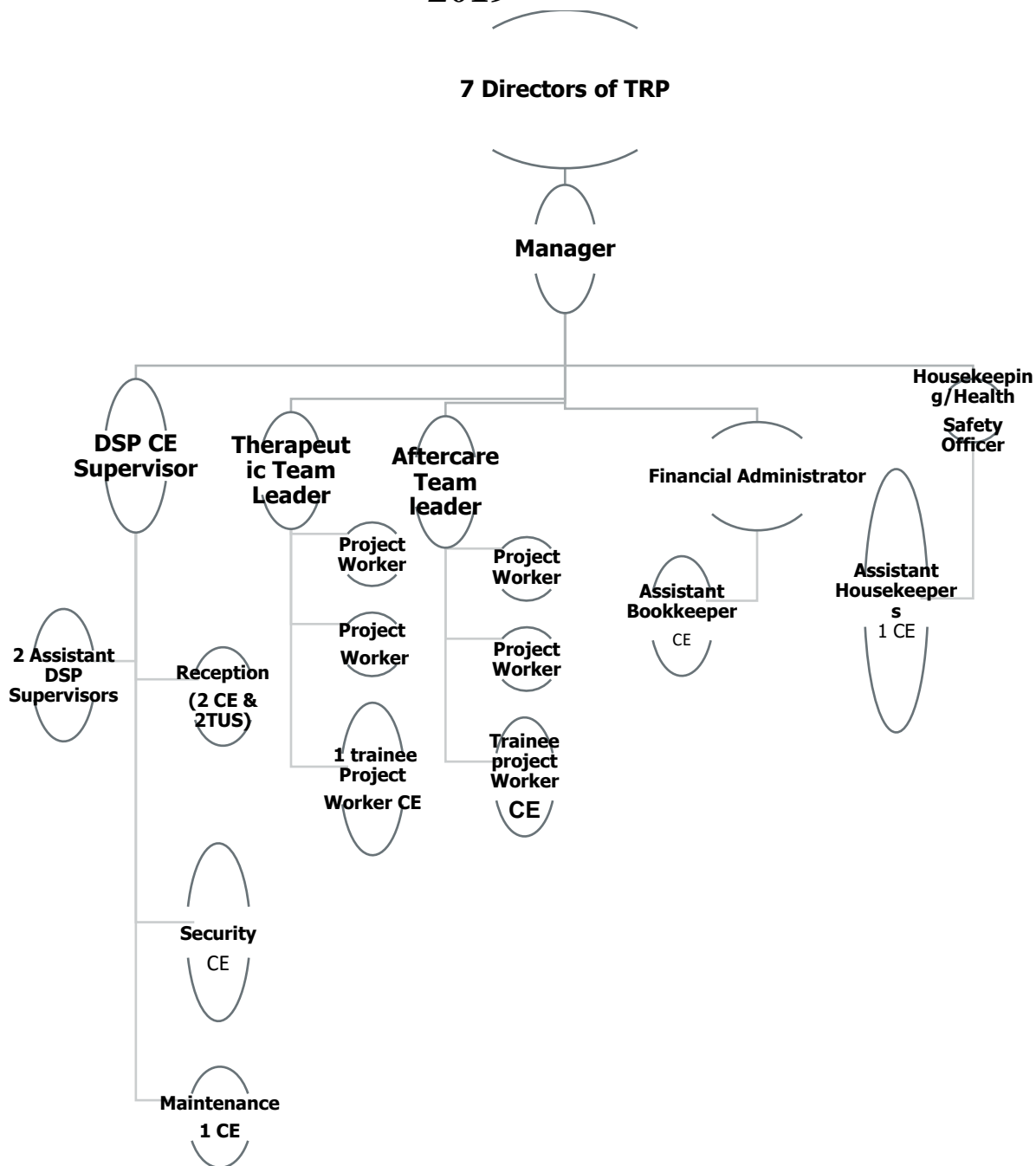
### **Introduction and Background**

**Tallaght Rehabilitation Project Clg is a community based rehabilitation day programme and aftercare Service for people in recovery from drugs, alcohol and cross addictions. We provide a service for the Tallaght Wide area, which is based in West Tallaght but covers from Whitehall (Rathfarnham) to Blessington Co Wicklow in our service provision. Working from a therapeutic and holistic ethos, the programmes aims to provide opportunities to enable participants to actively address behavioural issues which underpin addiction problems and to develop and enhance life skills and facilitate personal growth and recovery.**

**TRP was established in 1997 as a community response to the spiralling drug problem in the Tallaght area. TRP is supported by Tallaght Drugs and Alcohol Task Force, The Department of Employment and Social Protection, The Health Service Executive and South Dublin County Council. Tallaght has a population of 73,000, with high unemployment, early school leaving, poverty and social deprivation. Initially Tallaght Rehabilitation Project was given a space in the local church St. Thomas in Jobstown to provide rehabilitation to the residents of Tallaght who wanted to address their addiction. In July 2005 TRP moved into Kiltalown House and this house and garden are ideal for the service of rehabilitation and aftercare which we provide.**



# Organisational Flow Chart Tallaght Rehabilitation Project Clg 2019



## *Directors of the Board Tallaght Rehabilitation Project Clg*



Chairperson  
Mr. Seamus Massey



Secretary  
Cllr Cathal King



Treasurer  
Fr Valentine Martin



Cllr Charlie O Connor  
Board Director



Mr. Patrick Doyle  
Board Director



Miss Anne Marie Wall  
Board Director



Mr. Frank Sage  
Board Director



the TRP Board of Directors, Manager and Financial Administrator  
attend the AGM in June 2019



## **Chairperson's Report 2019**

I present this annual report for 2019. The year has been a successful one for Tallaght Rehabilitation Project Clg. TRP successfully provides a quality rehabilitation & aftercare service for people in the Tallaght wide community whose lives have been damaged and blighted by drug and alcohol addiction.

I congratulate and thank the dedicated management team and the caring staff of TRP for everything they do in providing the encouraging and nurturing environment that participants

experience during their stay with our organisation.

The Day Programme is fully subscribed. We have been able to increase our numbers due to extra CE places provided by the DEASP since 2018. The Day Programme is doing excellent work in the therapeutic and educational processes of recovery.

This year the numbers attending the Aftercare Service have increased significantly. The Aftercare Service is a free service which provides a friendly, relaxed and encouraging environment for people looking for or needing support in their recovery. The Wellness Café on Wednesday is particularly popular.

The ongoing daily work and challenges of the day programme and the aftercare service have been complemented throughout the year by many events, among them the highly beneficial annual residential weekend in July, the annual family fun and sports day, the very effective Box Smart programme, the Christmas fun day, the Annual Awards night in December and of course the innovative 'A Celebration of Recovery through the Arts' which was held in the Civic Theatre Tallaght on the 6th June 2019. What a success and inspiration this has proved to be!

I thank our funders, including our main funders, the DEASP, HSE and LDATF for funding and supporting our programmes. All funding received both statutory and voluntary is accounted for in accordance with best practice and appropriate guidelines. In 2019 all monies received were properly accounted for and externally audited. Our audited accounts and our annual review appear on our website each year.

I thank all my fellow Directors on the Board of TRP. They take time away from their busy schedules to give generously of their expertise in a voluntary capacity to our organisation. I thank them for their wise governance and their constant support of TRP throughout the year.

The people who access our services are the most important people in the organisation. They are the reason that TRP Clg exists. I congratulate all our participants on their sincere efforts to become drug and alcohol free. I love the Awards Night ceremony which takes place each year in Kiltalown House in December. Our clients take centre stage among family and friends as they share their efforts, their struggles and their successes in becoming drug and alcohol free. We are inspired and humbled by their stories.

In conclusion it is my hope and fervent wish that all who access the TRP programmes will progress to full recovery and embrace their new life with confidence and enthusiasm.

Thank you.

Seamus Massey,  
Chairperson



## Manager's Report 2019

Welcome to the manager's report for the TRP Clg Annual review 2019. I would like to thank you for taking the time to read this report and I hope you find this review both interesting and informative.

2019 was a very busy and successful year for our organisation. All the services we provide here at Tallaght Rehabilitation Project continue to evolve and improve with new ideas and initiatives every year, and 2019 was no different. We had many wonderful things and key events to highlight from 2019 which I will mention in this report.

Firstly, though, I would like to mention the excellent staff team that work here at TRP. Without their commitment, dedication, goodwill and sheer professionalism, TRP would not be the successful organisation it is today. The team drives our workplan and has strived this year, like they do every year, to meet all our goals, targets, mission and values in order to enhance our clients' quality of life and to support the continuation of recovery for all the people who access the programme. So a big thank you to the therapeutic day programme and aftercare staff, the Financial Administrator, CE administration staff, the housekeeping, reception and security staff. These people are very valuable to our entire organisation.

There were many key events since our return back in 2019, which are mentioned throughout this report, but I suppose one of the real highlights of 2019 for the TRP organisation was the Civic Theatre show that we facilitated in April. The show was entitled a 'Celebration of Recovery through Drama, Music, Poetry and Comedy'. This was a very unique show indeed, which included input from all the clients and staff involved with our services. It was a fabulous night of socialising and fun for all concerned. I would like to acknowledge the great work that Thomas O' Reilly, our Drama tutor did with the group and also the great support we received from our partners in this venture, including family and friends of all our clients, and also the great support from the Civic Theatre in Tallaght and all their staff team. We hope to work closely with the Civic Theatre again in 2020 to facilitate a celebration of recovery part 2.

Other significant events in 2019 were our annual residential and the box smart health and fitness programmes which are now real features every year of our overall services at TRP. We also facilitated all our usual family days, like the family sports day, and the family Christmas day and our client focused Awards Ceremony which was held in December. These social events are all client and family orientated and it allows clients of our programmes to introduce family and friends to the staff team and to view the facility where the clients are involved in a recovery process.

## **Manager's Report 2019 (continued)**

We also facilitated a very comprehensive structure for the clients of our day programme and aftercare services. Key features were Group therapy process, relapse prevention workshops, and one to one key working for all clients. We also had our Soul Sisters groups for woman and our Brothers in Arms groups for men, plus our very popular social café for people in recovery. Again all these events are mentioned throughout this report.

I am also delighted to announce that all the good work that was done on our Celebration of Rehabilitation garden has finally paid off for us. Both myself and Joan (the TRP Financial Administrator) began this project several years ago and we now boast a beautiful new garden situated down beside our aftercare building. This wonderful garden will really add to the already beautiful surroundings we are lucky to have here at Kiltalown house. We hope to officially open the garden in the summer of 2020.

TRP believe in working together with other community, voluntary, and statutory agencies and in 2019 we completed several more memorandum of understandings with other organisations. In 2019 TRP worked cohesively with other local and national projects for the wellbeing of all our clients and their families. We have also devised a very comprehensive yearly work plan for 2019 and sent a copy to one of our main funders The DEASP, and we have also devised our 2019 service level agreement with the HSE.

Funding for our organisation can sometimes be an onerous task and 2019 was no different in that respect. However, as always, funding to maintain all the services we provide here at TRP will always remain one of our highest priorities, and going forward, the financial administrator, myself and the board will continue to strive to access as much funding and resources as possible to continue to deliver the quality based programmes we have facilitated here at TRP CLG for over 20 years.

Finally, I would like to finish this report by thanking most sincerely, the board members and directors of TRP for all their continued support and assistance throughout 2019; they are a big part of our team too. I would like to also thank all our funders and sponsors and all the organisations that we have worked with throughout the year for the good of all our clients, and a big thank you to all our volunteers and college placements too.

Thank you for taking the time for viewing this report and here's looking forward to another exciting year in 2020 for our organisation.

**Pat Daly**  
Manager TRP





## Financial Administrator's Report 2019

By Joan Cleere Neville

Tallaght Rehabilitation Project Clg values the cost-effective and efficient use of resources and aims to ensure that all expenditure utilises effective planning and decision making and ensures that the most economical options have been sourced.

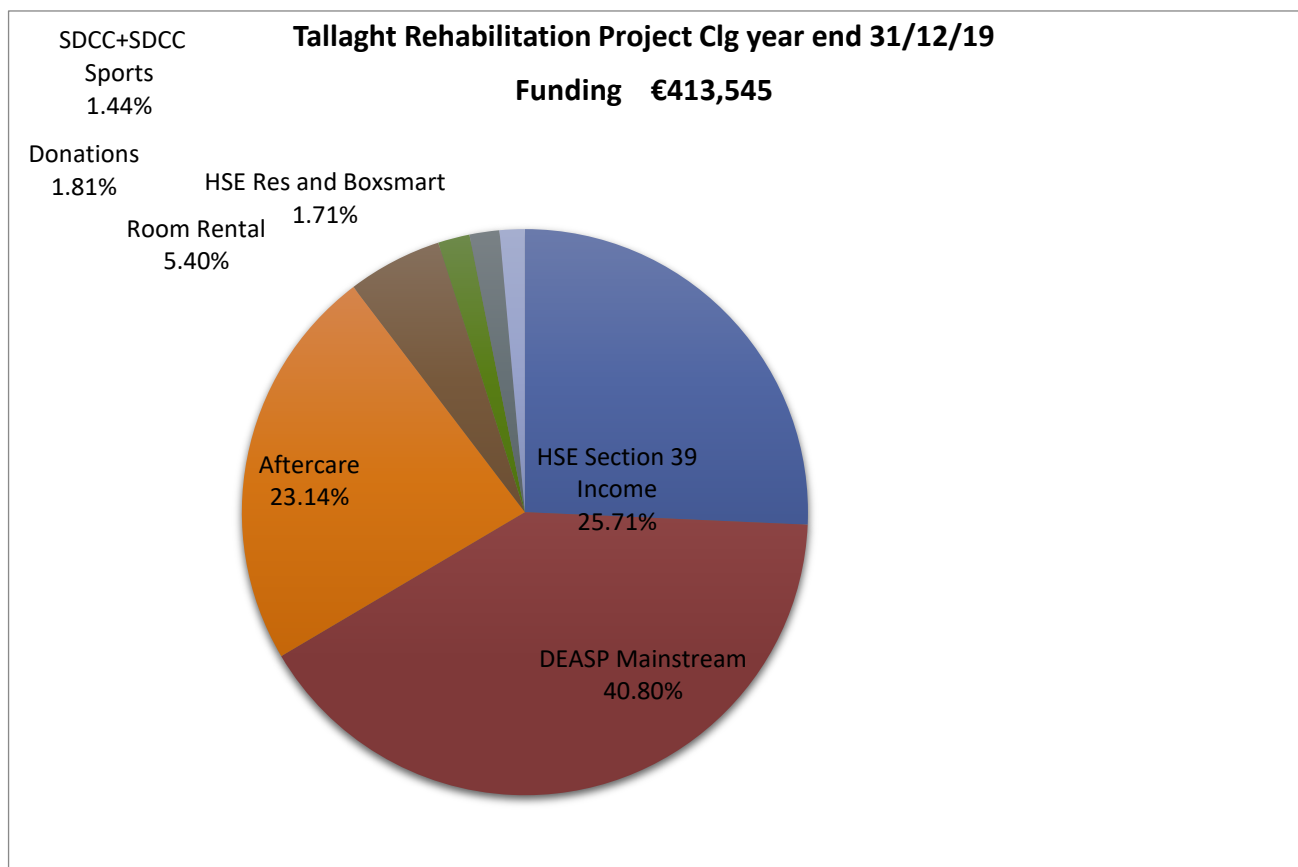
Below is a breakdown of the grants TRP received in 2019 from the DEASP, HSE and LDATF and SDCC Sports. TRP received grants and donations from the Adelaide Health Foundation, SDCC Community Enhancement Programme and some small private donations. Donations and funding generated from room rental is used to supplement statutory funding in order to maintain a quality service and a well-run facility with up to date Health & Safety Standards.

All funding received by TRP is strictly monitored and accounted for and spent in accordance with relevant guidelines and best practice in an open and transparent manner to ensure best value for money. TRP accounts are audited by Denis Ryan and Associates Ltd, Certified Public Accountants and Registered Auditors and submitted on time to the Companies Office. Tallaght Rehabilitation Project Clg has signed up for the Charities Regulatory Authority Governance Code. TRP audited accounts and annual reports are available on the

TRP [Website: www.tallaghtrehabproject.ie](http://www.tallaghtrehabproject.ie).

The following criteria are strictly adhered to when managing resources.

- Consistent, smooth delivery of all services.
- Maintaining good corporate governance
- Maintaining a quality service through the best use of available resources



## Team Leader's Report 2019



By Sonya Dillon

A very warm welcome from the therapeutic team at TRP. My name is Sonya Dillon and I am the Team Leader of the facility which includes both Day programme and Aftercare service. I hope I can provide a picture of what happened in 2019 at TRP on a daily basis in a very busy environment.

The follow is an account of how our day programme services functioned throughout 2019. We had a highly productive year at TRP. Our numbers increased on the day programme from 17 places to 21, allowing more people to access recovery support in their own community.

The staff team at TRP have developed an orientation phase of the programme that will also support people on a waiting list for places on the TRP day programme. At TRP, we believe that there are many pathways to recovery and if we can make that road easier to navigate with some professional direction, it can be life changing for the individual, their families and the community of the Tallaght Wide area.

In February we welcomed Mr. John Connors (from the film Cardboard Gangsters) to TRP to have an open discussion on stigma. After hearing some of the barriers John had to overcome we decided to celebrate when people smash barriers and reduce stigma.

We formed an arts sub group (which involved clients and staff) and explored the idea of putting on a show to Celebrate Recovery through the arts. We then contacted the Civic Theatre and sold our idea to them. People in recovery are very talented people, they are funny, musical, poetic and creative and our drama facilitator Tomas O'Reilly along with 14 participants produced the most amazing pieces of drama that addressed stigma. This piece also highlighted other addictions like gambling and social media. On the 6<sup>th</sup> June 2019 we sold out the Civic Theatre and on reflection the new experiences and connections made that night were heartfelt. The pride we felt as a group was empowering.

In March of 2019 a peer led initiative developed which was fully supported by TRP. A group of people on the day programme decided they were going to overcome mountains (literally) and set up a group called the Recovery Ramblers and they took on the mountains of Ireland. We then got in touch with the Adventure Project and had the experience of learning how to map read and navigate our own way (bear grills stuff). Two of the graduates of the day programme went on to do level 4 Canoeing course and one of our graduates is currently completing a QQI level 4 in outdoor pursuits and QQI level 5 in addiction studies with the Adventure Project. **Having access to bridges where education can occur is vital in a client's journey.**

10 participants completed the TRP step up programme in 2019. Two have gone on to set up their own business, 6 are in full or part time employment and 2 returned to education. Two of our graduates also undertook the recovery coaching programme with Recovery Academy Ireland.

In July we facilitated our Annual Residential Weekend in An Tobar. A six week preparation module was devised to work with participants on the programme and the theme of the weekend was 'life stories'. In July staff and participants headed to Co, Meath for the 4 day therapeutic weekend that involved work, fun, tears, release, freedom and serenity. In August, we launched our 2019 Box smart programme. Frank Walsh our highly experienced professional trainer designed a programme for 12 weeks. We had access to an excellent resource in Westside Gym and 14 participants from both the day programme and aftercare service became healthier, happier and fitter. Through this module the participants learned transferable skills and developed skills in how to manage their mental health through exercise.

## Team Leader's Report 2019 continued

Another super day was the TRP annual family fun day in August where participants children, partners and other family members are invited to TRP to view the facility and take part in sporting activities. It was a lovely sunny day and these annual family days are a great way for management and staff to meet and form connections with the participants and their families in a very positive way.

September is International Recovery Month and we wanted to get involved in activities that show, there is a recovery community in Tallaght. We approached the Tallaght Drugs and Alcohol Task force and requested support by way of providing a bus to participate in the Annual Recovery walk on 15<sup>th</sup> September 2019. The walk took place in O'Connell St in the heart of Dublin with a carnival atmosphere to celebrate recovery. Over 3,000 people attended from all over Ireland and we were proud to represent Tallaght, with our TRP banner.

In October of 2019 Senator Lynn Ruane presented a seminar on "Spent Convictions" to the participants of TRP. Many people coming into recovery have experiences with the justice system at some point in their addiction. The seminar was to make the participants aware of The Criminal Justice (**Spent Convictions** and Certain Disclosures) **Act** 2016. ... The **Act** provides a regime under which certain **convictions** can be disregarded after a number of years have elapsed since they were imposed. The talk was very informative for all involved and we thank Senator Lynn Ruane for coming to TRP and sharing her knowledge with us.

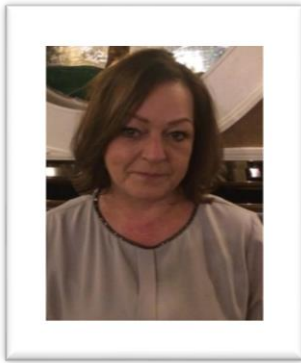
Following Lynn's workshop she contacted us at TRP and asked if anyone would like to be involved in a social experiment that looks at people with criminal backgrounds gaining employment. Three participants went to take part in the experiment in a five star Michelin restaurant on St Stephens Green and acted as waiters and a waitress for the evening. At the end of the meal, which was provided for top business executives from ESB and Arnott's, the customers were asked if they could tell who was an actor and who was not, they could not distinguish, who was and who wasn't. From this experiment the three participants had an amazing experience with one gaining employment on a part time bases and two promised employment when they finished their programme at TRP.

TRP feels privileged to share peoples' journeys through recovery. We applaud anyone with an addiction who takes the first step and has the courage to ask TRP for support. Our participants face stigma every day and due to their addiction they become isolated. Recovery as we have seen is about addressing stigma, making positive healthy connections with a recovery community and involving family in as much a way as it is inclusive. Recovery does not happen in isolation, people need to change their old identity and find a new one, giving back and providing positive peer support. Engagement in mutual aid groups and investing in one's own recovery is the key to a successful long lasting drug free life.

I would like to recognize the energy, creativity and commitment of the day programme and aftercare staff teams and thank them for their great work throughout 2019

I would like to finish my report by thanking the participants of TRP for sharing their journey with us every day, for the trust they provide in us and for the respect they show to all the management, staff, placements and volunteers and new comers at Kiltalown House. They are always willing to lend a helping hand with a new initiative or being involved in fund raising for TRP.

2019 has been a fantastic year let's make 2020 an even better one



TRP's CE scheme is funded by the Department of Employment Affairs and Social Protection. We offer a Rehabilitation Programme driven by a Therapeutic Team. We also offer placements to CE support workers from the Tallaght wide area; these places include Receptionists, Gardener/maintenance, security, house keeper, trainee bookkeeping and trainee project workers. TRP provide full training, supervision, guidance and encouragement for all these positions. We facilitate Individual Learning Plans for groups and on a one to one basis for all our special category clients and mainstream support workers. This helps to identify training and further education which is of benefit for future progression and to gain employment.

Our special category places were increased in 2019 from 17 – 21 and our support workers increased from 7 to 8 places. Our support placements are hugely important to TRP and are fundamental to the smooth running of our CE Scheme and facility, many of our support workers/placements go on to secure a 2nd year on our CE scheme and progress within the organisation

*Placements and Volunteers:*

During 2019 TRP facilitated 2 x 3<sup>rd</sup> level College Students, these college placements are vital for students who are enrolled in Social Care/Addiction studies courses, TRP provides a unique and structured practice, and our Team are always more than happy to share their expertise and knowledge to help train the students. Students have found TRP to be an invaluable training ground and get involved in all aspects of TRP programmes.

We also run a volunteer programme and are signed up with Volunteer Ireland. We had 3 volunteers in 2019

We facilitate TUS placements and in 2019 we had places for 2 Receptionists on 12 month contracts.

*We thank all our Volunteers and Placements for their valuable contribution to TRP*

Statistics for progression on the TRP Special Category Day Programme from May 2018-2019  
10 people successfully completed the programme in 2019 and continue their care in our After Care service

5 people secured employment

2 people setup their own businesses

1 volunteered in the addiction services and gained part time employment

2 people went to college

In 2019 the participants of the Tallaght Rehabilitation Day Programme engaged in and completed a wide range of modules both therapeutic and educational on an individual basis and as part of a group.

On a personal note I would like to thank Sonja Dunne our CE Supervisor, our CE team and our 2<sup>nd</sup> Assistant CE Supervisor Jennifer Coogan.

TRP would like to acknowledge the assistance and support received from the Department of Employment Affairs & Social Protection over the years and we look forward to working with the DEASP as we expand our CE programme and evolve and grow to meet our full capacity.

*Evelyn Mc Call*

Community Employment Assistant Supervisor

## Volunteers and Placements

### A quote for Ethan Mc Guirk who volunteer in 2019

*Tallaght Rehabilitation Project is the start of a positive journey for many. For me it was the beginning of my aspiration of a career to becoming a Clinical Psychologist. Arriving for my first shift at Kiltalown House I received a warm welcome the moment I arrived at the door, from both the staff and service users. I can't say enough about the positive impact the staff team and participants of the program have had on my development as a person and as a professional. From working as part of a proficient, knowledgeable team, to more personal skills such as modelling how to treat others with compassion and empathy.*

*Additionally, the inspiration the participants provide is second to none. They motivate each other, staff, and others within the community, to display that recovery is achievable and can be maintained. They are role models to our ever challenging society. So, not only does TRP, as an organisation, have an important positive impact on the participants, it also has an important role to play in the wider community. The staff and participants have given me, a volunteer, invaluable experience I will be forever grateful for.*

– Ethan McGuirk

### A quote from a participant who volunteered to work in the garden of Kiltalown house during 2019

*Working out in nature brings me a great sense of freedom and meaning. I get lost in the garden at TRP and spend hours on end working away without the stresses of everyday life. It's my way of connecting with Mother Nature. The sounds of all types of birds chirping and the wind swaying through the trees on a windy day takes me away and is a great form of meditation. Kiltalown Garden has so much potential and it deserves my time to take care of it and in return it gives me therapy in abundance.*

FB



**Review of TRP Aftercare 2019**

The Tallaght-Wide Aftercare Service is provided to support people coming out of Residential and Day Programme Settings to positively reinforce the gains that people make during early recovery and support them to continue on the journey of recovery. The Service also supports the people who have chosen not to go down the Residential or Day Programme route and provides a very specific evidenced based Key working structure to support a new journey into a more comprehensive recovery. Added to this is a Social Setting where people can socialise in a safe environment and enjoy different activities and also offers educational, holistic and personal development workshops throughout the year.

In 2019 TRP Management and Aftercare team expanded its services and came up with many new initiatives. These initiatives are in line with the NDST guidance document i.e. to RHSR actions 2.1.18, 4.2.44 and 5.1

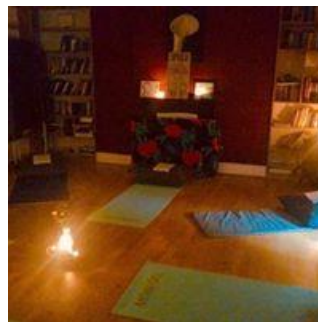
- Building recovery Capital
- Promoting recovery outcomes and related local services
- Peer led initiatives

Below is a breakdown of numbers in attendance for each initiative in 2019

- PSG Group January to December 2019 .....239
- Soul Sisters Women’s Group January to December 2019 ..... 367
- Wellness Café January to December 2019 .....1802
- Brothers in Arms Men’s Group August to December 2019 .....127
- Social Setting January to December 2019 .....486
- Brief Intervention January to December 2019 .....349

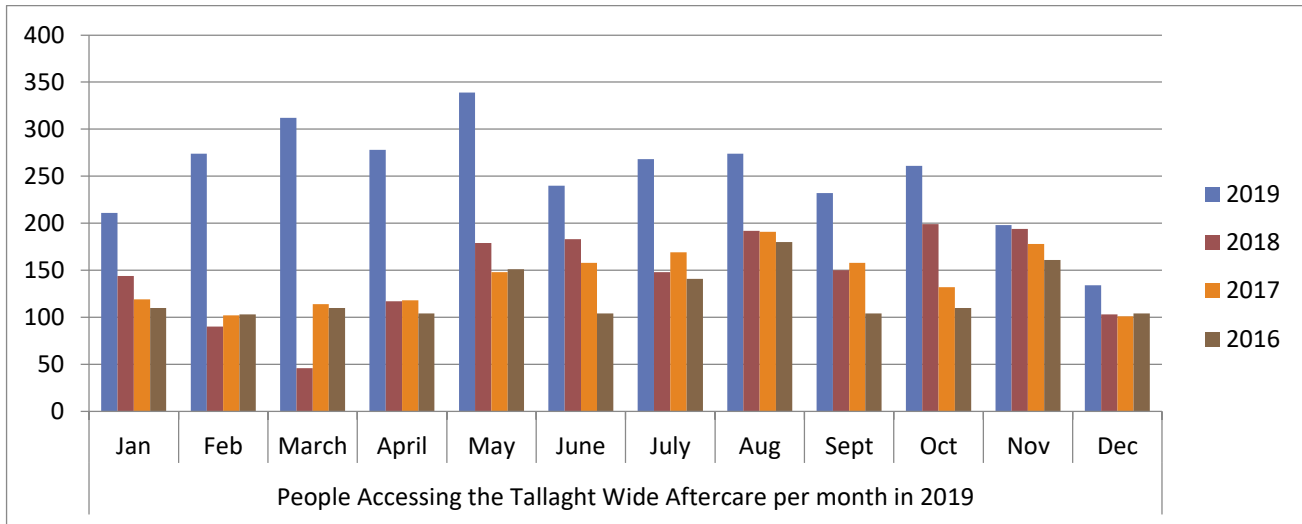
People were drawn in by the following initiatives and schedules for every night Tuesday to Saturday and the Aftercare Service is evolving and growing to meet the needs of the people who avail of it.

Tuesday	Wednesday	Thurs	Friday	Saturday
PSG	Wellness Café	Brothers in Arms	Soul Sisters	Movie Nights
	N/A	Men’s Gender group	Women’s N/A	Games Night
	Holistics	Referrals & Assessments	Holistics	
Social Setting	Social Setting	Social Setting	Social Setting	Social Setting
Brief Interventions	Brief Interventions	Brief Interventions	Brief Interventions	Brief Interventions



## Tallaght Wide Aftercare Indicators for 2019

The Numbers of people assessing the Aftercare in 2019 has increase by 51% since 2016 and 43% since last year 2018. This shows the continued and increasing need for this Aftercare service in Tallaght



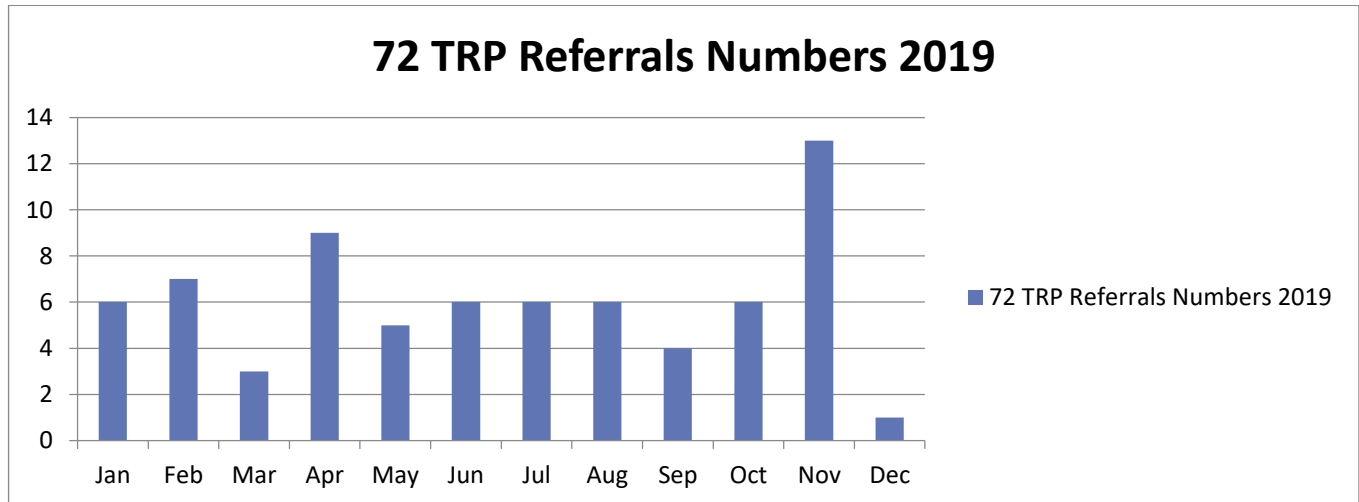
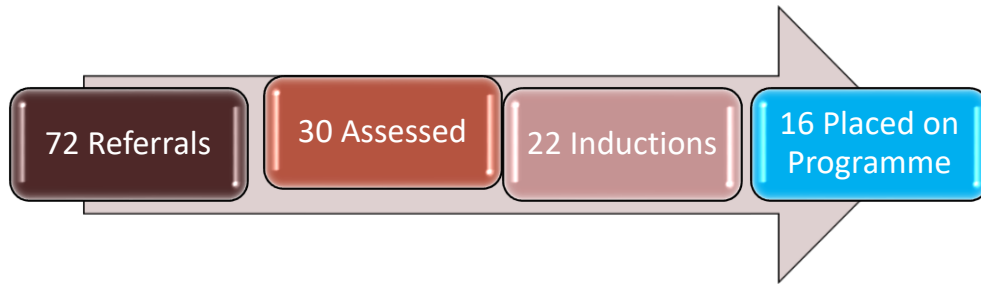
### TRP Wellness Café (Social Inclusion)

The TRP Wellness Café opens every Wednesday for 6.00 – 9.30. A major difficulty for people in early recovery is a concern about social events. People in addiction experience a high level of isolation. TRP try to come up with ways to remove some of the barriers faced in early recovery and address the social anxiety around social events. The Café is a safe non-alcohol and drugs free space. We provide a mindfulness workshop, holistic therapies, hot food, tea and coffee and a fellowship meeting.



There were 1802 visits to the Wellness Café in 2019. Holistics are offered as part of the wellness night and there are 3 holistic therapists available for treatments for a nominal cost

*These pages provide a broad overview of statistics relating to the various services provided by Tallaght Rehabilitation Project and to the participants who have availed of them.*



**Breakdown of Referrals 2019**

End of year report 2019	Jan to Dec 2019
Total Referrals in	72
Men	43
Women	29
Number of children impacted	62
Assessment outcomes	30* 23 suitable for Induction
Inductions completed	22* 16 placed on programme , 4 currently on Induction
Step up	10
Disengaged/Referred on	9
Completed full programme	10
Other treatment	4

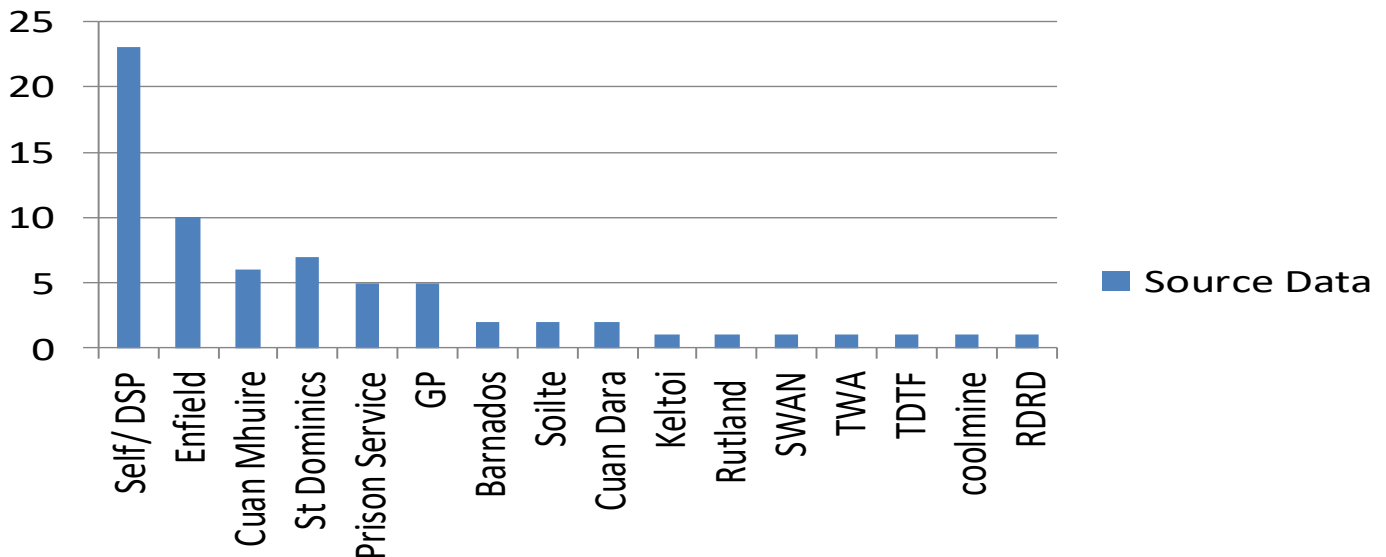
**TRP Linked in sources and referrals to other agencies 2019**

Below is a breakdown of agencies that TRP engaged with in 2019 for the benefit and care of people accessing TRP services.

Referral Sources 2019



### Source Data



### Referrals Made to other Agencies

It is TRP policy for all referrals to our programmes, that in the case of people being unsuitable for our services; adequate services will be sourced to meet their needs. This is facilitated in the mechanism of a three way meeting between the referral agency, TRP and the client.

Some clients are referred back to the referral agency if they do not currently meet the TRP criteria. However no client is left isolated or cut adrift without a specific care plan of action.

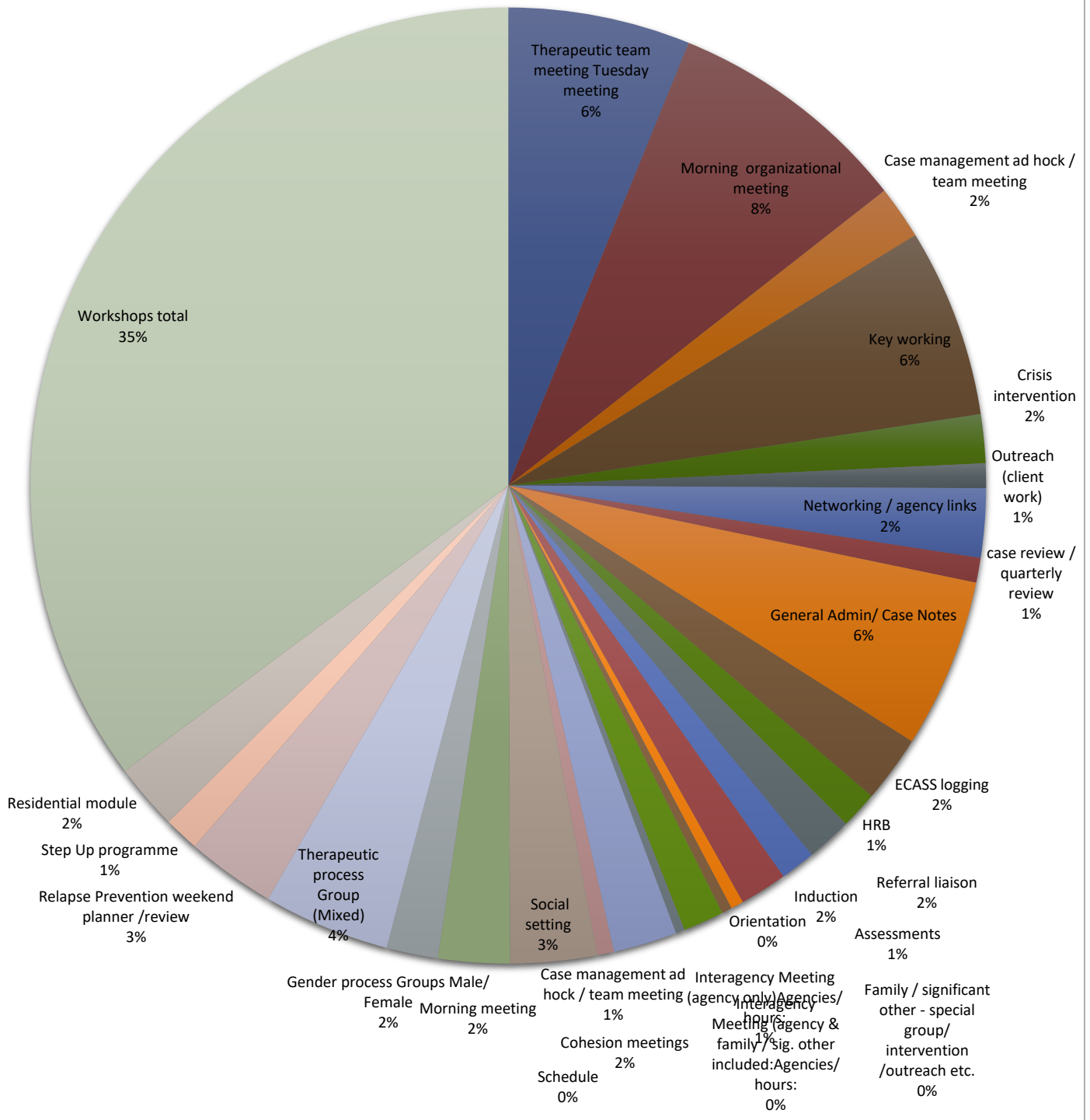
### Therapeutic Intervention Tasks

There were 4457 Hours of Therapeutic Intervention Tasks completed in 2019. This is up by 28% on 2018 figures. 35% of the time was given to Workshops which is broken down in the second chart. See charts below for a comprehensive breakdown

### Referrals made to other agencies in 2019 for counselling, child services and other services

Barnardo's	6
Soilse	1
Tallaght Wide Aftercare	6
CARP	7
St Dominics	7
Peter Mc Verry Trust	1
Total	28

# Therapeutic Intervention Tasks ( 4457 hours) 2019

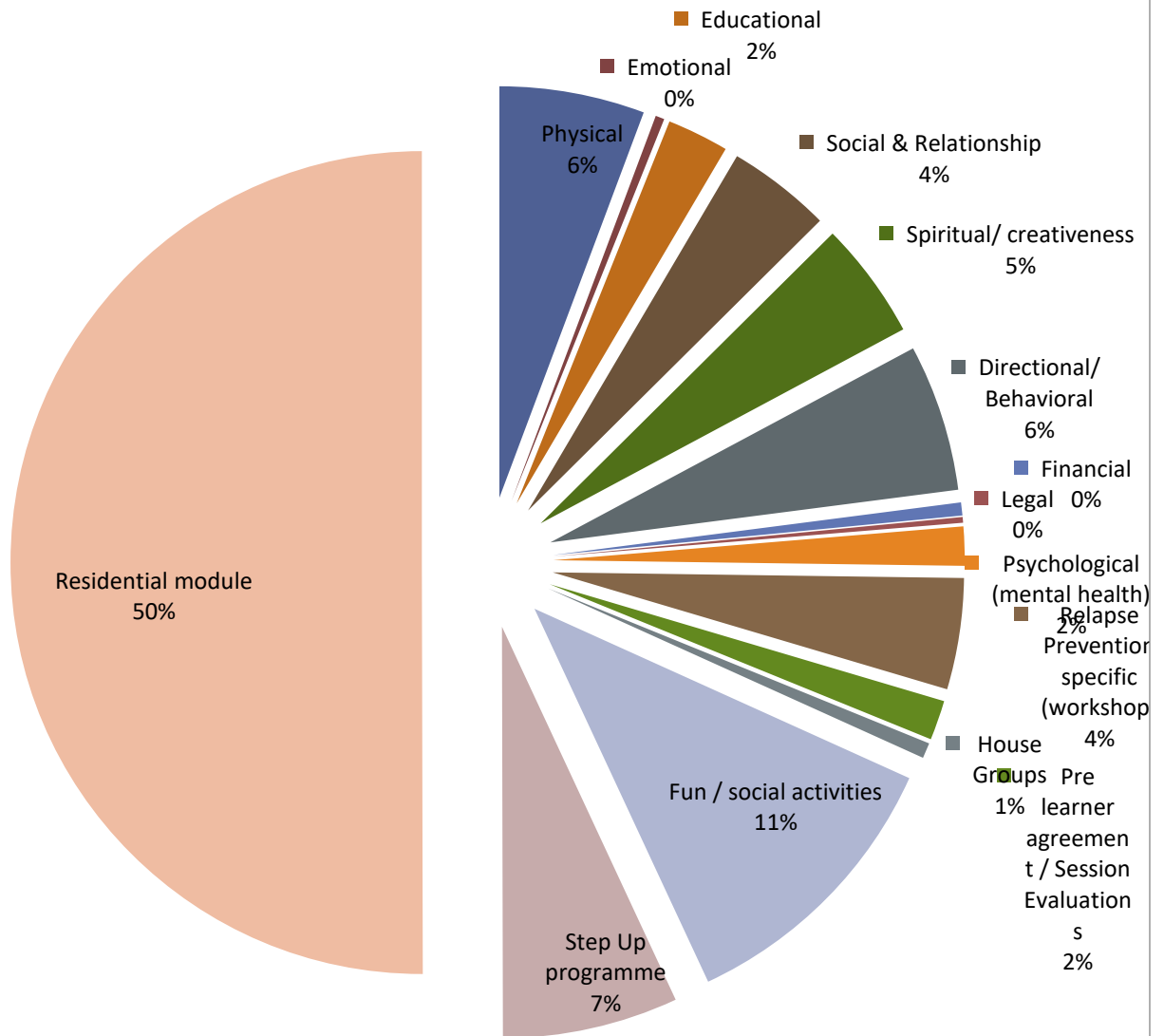


## Therapeutic Workshops

1568 Hours of Therapeutic Workshops completed in 2019. This is up by 58% on 2018 figures



## Workshops 2019

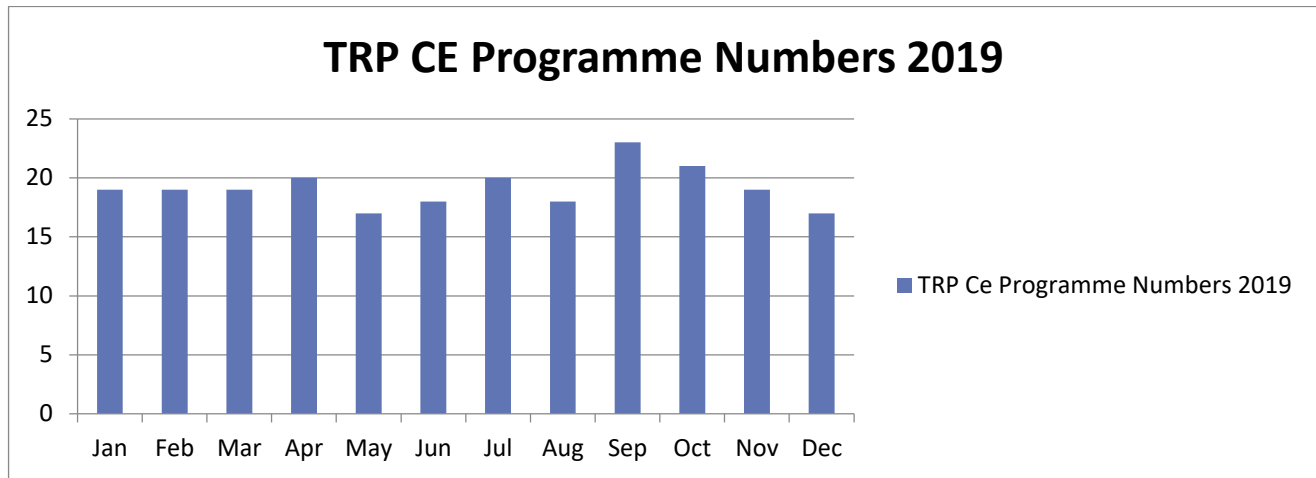


### People Completing the Day Programme 2019

- **10 people successfully completed programme and continue their aftercare process in 2019**
- **The Average length of time spent on programme was 1 year**
- **9 gained employment (part-time and full time) 5 went to college**
- **2 set up their own business**
- **4 volunteered in addiction services - 2 of which have gained employment (part-time)**
- **5 people resolved Housing issues**
- **4 people went to collage**
- **All were referred to the Aftercare to access Peer Support Group and social setting, Men's group or Women's group ( Gender Specific Programmes)**

**Statistics for the TRP CE scheme 2019**

On average 19 people were on the CE programme per month in 2019. Please see below the breakdown per month



**Statistics for Participants of the Rehabilitation Day Programme Community Employment Scheme**

Activity	Men	Women	Total
Accessed Individual Learner Programme	10	12	21
Remained on Programme	7	7	14
Completed Community Employment	7	3	10
Engaged in Step Up Programme	7	3	10
Progressed to Employment	6	3	9
Participated in Group Training	10	11	21
Participated in Individual Training	10	9	19
Participated in Voluntary Work Experience	3	1	4
Accessed Financial Supports	8	6	14

## A year in TRP through photos 2019

A photo taken the day in February when Johnny Connors visited TRP and gave a great talk and an open discussion on stigma



**‘A Celebration of Recovery through the Arts’ was held in the Civic Theatre Tallaght on the 6<sup>th</sup> June 2019.**



The TRP Annual Residential weekend took place in July 2019. It was held in An Tober, Ardraccin, Co. Meath. The theme of the weekend was Life stories



TRP held its **Annual family sports/fun day** in August. Below are some of the beautiful photos taken on that lovely summer's day



## International Recovery Month

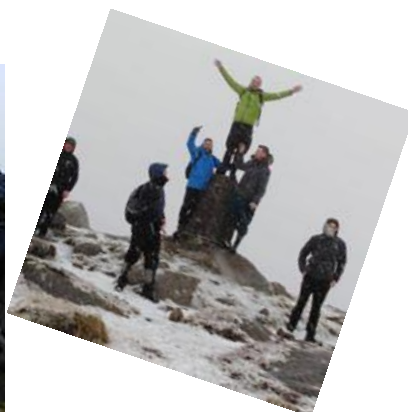
Participants and Staff attended the **Annual Recovery walk** in September 2019 walk and we were proud to represent Tallaght, with our TRP banner.



The **TRP Box Smart Programme** was launched 26/07/19 and was completed on the 24/10/19



**The Recovery Ramblers take on the mountains of Ireland**



The **TRP Annual Award Ceremony** was held in Kiltalown House on the 6<sup>th</sup> December 2019. The Overall attendance was 84 people. This included family members, services, and siblings to adult children. 28 awards were presented this year which covered all modules completed.

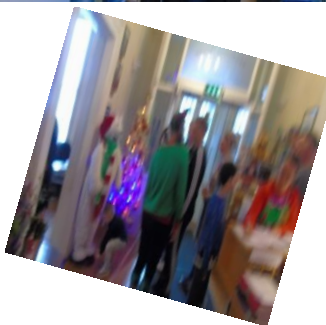


**Niamh Mc Guinness Senior Development Officer Tallaght Drug & Alcohol Task Force and Seamus Massey, Chairperson of the Board of TRP and Manager Pat Daly gave inspirational talks at the Awards Night**



### Christmas Party

On 19th December we held our Christmas family day





## Acknowledgements



Tallaght Rehabilitation Project CLG would like to  
Acknowledge and thank the following people for their support  
throughout 2019 and without whom  
Tallaght Rehabilitation Project would not thrive and grow.

- The TRP Voluntary Board of Directors
- The Irish Government
- The Health Services Executive
- The Department of Employment and Social Protection
- Tallaght Drugs and Alcohol Task Force
- South Dublin County Council
- South Dublin County Sports Partnership
- South Dublin County Partnership
- Adelaide Health Foundation
- South Dublin County Council Community Enhancement Programme
- The Recovery Academy
- The Civic Theatre Tallaght
- TU Dublin
- TRP Volunteers
- The Adventure Project
- Storehouse Project
- Constantin Tui
- We would like to thank the following who contributed to ‘A Celebration of Recovery through the Arts’ in the Civic Theatre Tallaght on the 6<sup>th</sup> June 2019. Michael Barker-Caven, Niamh Ferry from the Civic Theatre, performers Willa White, the Foxy Devils, QED and Elaine Ray. Also a big thank you to Dylan our stage hand, Greg for taking photos, Ethan for all his video work, all the participants who took part in the drama and all who attended the show.

**Tallaght Rehabilitation Project CLG would also like to acknowledge and thank the following friends of TRP in the corporate sector and the local area who donated to the TRP Events in 2019**

- **Domino’s Pizza - The Square Tallaght**
- **Cllr. Dermot Richardson and Tallaght Adventure World**
- **The Football Association of Ireland**
- **Tallaght University Hospital**
- **Dublin Fire Brigade**
- **Cinellis Takeaway**



## Company Information



The TRP social media platforms are up to date and are very user friendly



*[www.facebook.com/TRPTallaght](http://www.facebook.com/TRPTallaght) and Tallaght wide aftercare*



*@TRPDublin*

*People who wish to receive regular updates about our services can do so by liking us on Facebook or accessing our Website... [www.tallaghtrehabproject.ie](http://www.tallaghtrehabproject.ie)*

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**TRP is a Company limited by guarantee.**  
**Company Registration No. 292608**  
**CHY no. 13829.**

Tallaght Rehabilitation Project CLG is kindly assisted and supported by the following Irish Government Agencies



An Roinn Gnóthaí Fostaíochta  
agus Coimirce Sóisialaí  
Department of Employment Affairs  
and Social Protection

